

## FINNISH KRAV MAGA BLACK BELT 2. DAN AND HIGHER RANKS

Krav Maga Finland, a Finnish Krav Maga Curriculum honors the tradition and principles of Israeli Krav Maga and develops the krav maga as the present day and future requires. Ever since the foundation of the curriculum in 2014 the foundation has been that all the people holding a black belt rank are active, constantly developing the curriculum, themselves, the krav maga clubs they represent and especially help everyone training krav maga to become a better person. Few Theses:

- The Finnish Krav Maga blackbelts are pathfinders who constantly thrive to be better at performing and teaching self-defense.
- The Finnish Krav Maga Federation doesn't force anyone to participate to instructor and black belt updates, all this is self-guided by the black belt him-/herself.
- If a Blackbelt chooses to retire from the Finnish Federation, he/she will not be listed in the active black belt list.

***Question: "What does it take from a normal person to become a blackbelt?"***

***Answer: "A normal person doesn't become a blackbelt".***

One doesn't come to a blackbelt test, one grows to be one. Being tested for the 1<sup>st</sup> dan is part of this process. A personal devotion to train, to develop, to teach and implement krav maga every day are the key factors in this process. Technical performance, understanding violence and violent encounters from all aspects and ability to match all these together are the key ingredients of a true Finnish Krav Maga Blackbelt. Will to help people acquire a true "life-hack", krav maga, is another part of this journey. Leading by example in participating in seminars and training events, encouraging people to participate to the events and training sessions. This is a constant process.

***All these artifacts are key ingredients of developing as a blackbelt and being recognized by higher ranks.***

- 🌀 Foundation of Dan ranks from 2<sup>nd</sup> Dan and higher is:
  - ◆ The blackbelt holder is active member of the federation and helps in developing the activities of the Finnish Federation, curriculum, and training together with the Finnish Krav Maga Blackbelt community.
  - ◆ Must be a qualified instructor.
  - ◆ Higher Dan ranks are not automatically granted
  - ◆ There is no official minimum time between the Dan-ranks but in practice it is years

## 2. DAN, EXPERT 2, SENIOR INSTRUCTOR

**The Finnish Krav Maga Federation 2. Dan Blackbelt can be granted to a person:**

- ☞ Who demonstrates the technical knowledge of krav maga in high rate of efficiency, fluency and straight-forward manner of Krav Maga
- ☞ Who has constantly continued to develop his/her personal skills and by doing so acquired the good level skills in:
  - ◆ Use of Security and law enforcement non-lethal equipment
- ☞ Who has supported the mission of the Finnish Krav Maga Federation to enable Israeli Krav Maga training in Finland
- ☞ Who has supported the Finnish Krav Maga Federation by actively participating, instructing, and supporting training events and local krav maga clubs.
- ☞ Who has been a leader and by own actions shown example of active training and gotten people to participate to training events.

### 3. DAN– EXPERT 3, SENIOR INSTRUCTOR

**In general, the 3rd degree blackbelt has taken years of training and work to develop oneself and the Finnish Krav Maga Federation.**

**The Finnish Krav Maga Federation 3. Dan Blackbelt can be granted to a person:**

- ☞ Who demonstrates the technical knowledge of krav maga in high rate of efficiency, fluency, and straight-forward manner of Krav Maga
- ☞ Who has constantly continued to develop his/her personal skills and by doing so acquired the good level skills in:
  - ◆ Operator level of knowledge and technique in using firearms (pistol, revolver, shotgun, rifle-type of weapons)
  - ◆ Instructor Level of knowledge in using non-lethal use of force equipment
  - ◆ Instructor level of knowledge in threat management
  - ◆ Operator level of knowledge in close protection in various environments.
- ☞ Who has supported the mission of the Finnish Krav Maga Federation to enable Israeli Krav Maga training in Finland
- ☞ Who has supported the Finnish Krav Maga Federation by actively participating, instructing, and supporting training events and local krav maga clubs.
- ☞ Who has been a leader and by own actions shown example of active training and gotten people to participate to training events.

#### 4. DAN– EXPERT 4, SENIOR INSTRUCTOR

**In general, the 4th degree blackbelt has taken years of training and work to develop oneself and the Finnish Krav Maga Federation.**

**The Finnish Krav Maga Federation 4. Dan Blackbelt can be granted to a person:**

- ☞ Who demonstrates the technical knowledge of krav maga in high rate of efficiency, fluency, and straight-forward manner of Krav Maga
- ☞ Who has constantly continued to develop his/her personal skills and by doing so acquired the good level skills in:
  - ◆ Instructor level of knowledge in firearms
  - ◆ Instructor level of knowledge in the use of force equipment
  - ◆ Instructor level of knowledge in close protection tactics in various environments
- ☞ Who has supported the mission of the Finnish Krav Maga Federation to enhance and enable Israeli Krav Maga training in Finland
- ☞ Who has supported the Finnish Krav Maga Federation by actively participating, instructing, and supporting training events and local krav maga clubs.
- ☞ Who has been a leader and by own actions shown example of active training and gotten people to participate to training events.
- ☞ Representing the Finnish Krav Maga Federation in international events and other krav maga federations as well as other self-defense and use-of-force organizations

## 5. DAN– EXPERT 5, MASTER INSTRUCTOR

**In general, the 5th degree blackbelt has taken years of training and work to develop oneself and the Finnish Krav Maga Federation.**

**The Finnish Krav Maga Federation 5. Dan Blackbelt can be granted to a person:**

The person has significantly enhanced the development of krav maga training both nationally and internationally.

**The Finnish Krav Maga Federation 5. Dan Blackbelt can be granted to a person:**

- ☞ Who demonstrates the technical knowledge of krav maga in high rate of efficiency, fluency, and straight-forward manner of Krav Maga
- ☞ Who has constantly continued to develop his/her personal skills and by doing so acquired the good level skills in:
  - ◆ Instructor level of knowledge in firearms
  - ◆ Instructor level of knowledge in the use of force equipment
  - ◆ Instructor level of knowledge in close protection tactics in various environments
- ☞ Actively instructed and taught the Finnish Krav Maga Federation Instructors
- ☞ Significantly Enhanced the Krav Maga Training in Finland
- ☞ Who has supported the mission of the Finnish Krav Maga Federation to enhance and enable Israeli Krav Maga training in Finland
- ☞ Who has supported the Finnish Krav Maga Federation by actively participating, instructing, and supporting training events and local krav maga clubs.
- ☞ Who has been a leader and by own actions shown example of active training and gotten people to participate to training events.
- ☞ Representing the Finnish Krav Maga Federation in international events and other krav maga federations as well as other self-defense and use-of-force organizations

## 6. DAN - MASTER

The Finnish Krav Maga Federation 6<sup>th</sup> Dan Blackbelt is a rank that the Finnish Krav Maga Federation Dan Board awards to a person by requesting approval from at least two Israeli Krav Maga Masters/ Grand Masters

In general, the 6th degree blackbelt has taken years of training and work to develop oneself and the Finnish Krav Maga Federation. The Finnish Krav Maga Federation 6. Dan Blackbelt can be granted to a person:

- 🌀 Influenced significantly in the development of Krav Maga in Finland
- 🌀 Enhanced the Finnish Krav Maga Federation Mission and Values both nationally and internationally
- 🌀 Actively created international relationships in the worldwide krav maga community

## 7. DAN - MASTER

The Finnish Krav Maga Federation 7<sup>th</sup> Dan Blackbelt is a rank that the Finnish Krav Maga Federation Dan Board awards to a person by requesting approval from at least two Israeli Krav Maga Masters/ Grand Masters.

In general, the 6th degree blackbelt has taken years of training and work to develop oneself and the Finnish Krav Maga Federation. The Finnish Krav Maga Federation 7. Dan Blackbelt can be granted to a person:

- 🌀 Influenced significantly in the development of Krav Maga in Finland
- 🌀 Enhanced the Finnish Krav Maga Federation Mission and Values both nationally and internationally
- 🌀 Actively created international relationships in the worldwide krav maga community

## 8. DAN – GRAND MASTER

The Finnish Krav Maga Federation 8<sup>th</sup> Dan Blackbelt is a rank that the Finnish Krav Maga Federation Dan Board awards to a person by requesting approval from at least two Israeli Krav Maga Masters/ Grand Masters

In general, the 8th degree blackbelt has taken years of training and work to develop oneself and the Finnish Krav Maga Federation. The Finnish Krav Maga Federation 8. Dan Blackbelt can be granted to a person:

- 🌀 Influenced significantly in the development of Krav Maga in Finland
- 🌀 Enhanced the Finnish Krav Maga Federation Mission and Values both nationally and internationally
- 🌀 Actively created international relationships in the worldwide krav maga community